

# S&T<sup>TM</sup> CATERS

A MENU DESIGNED FOR FACULTY, STAFF, AND  
STUDENT ORGANIZATIONS AT MISSOURI S&T





S&T<sup>TM</sup>  
CATERS

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CONTACT US HERE TO ORDER:



TIER 1

# BREAKFAST

## PER PERSON OPTIONS

- BAGEL & SHMEAR** 3.20 per person  
Choice of shmear: plain, strawberry, and honey almond
- CHOCOLATE CROISSANT** 3.50 per person
- DELUXE BLUEBERRY MUFFIN** 3.00 per person
- GREEK YOGURT PARFAIT** 4.50 per person  
Topped with Mixed Berries

## GROUP OPTIONS

- BAGEL & SHMEAR** serves 5 | 14.00  
Choice of shmear: plain, strawberry, and honey almond
- CHOCOLATE CROISSANT** serves 5 | 15.00
- DELUXE BLUEBERRY MUFFIN** serves 5 | 12.00
- GREEK YOGURT PARFAIT** serves 5 | 15.00  
Topped with Mixed Berries

## OFFICE PACKAGES

- MUFFINS & YOGURT** serves 5 | 35.00  
5 Blueberry Muffins, 5 Yogurt Parfaits, and Choice of Beverage
- CROISSANTS** serves 5 | 25.00  
5 Chocolate Croissants and Choice of Beverage
- BAKERS DOZEN BAGELS** serves 13 | 24.00  
13 Bagels and your choice of shmear: plain, strawberry, and honey almond



# BEVERAGES

**BEVERAGE OPTIONS:** 1 gallon tote of coffee, 1 gallon tote of hot water with assorted tea bags, 1 gallon of iced tea

**COFFEE** Gallon Tote: serves 8-10 19.99

## BOTTLED WATER

- Each 1.50
- 6 pack 8.00
- 12 pack 15.00

## CANNED SODA

- Coke, Diet Coke, Sprite, or Dr. Pepper
- Each 1.00
- 6 pack 4.00
- 12 pack 7.00



We are proud to partner with Jersey Mike's for all of your boxed lunch needs. Choose your package below, and view sandwich options on page 4. Reach out to the S&T Caters team when you are ready to order.



## CATERING

### CHOOSE ANY VARIETY OF SUBS FROM OUR SUBMARINES MENU!

#### Subs By The Box 12 INDIVIDUALLY WRAPPED SUBS

Ideal for any large gathering.  
Choose from any of our cold subs.

#### Subs By The Bag

A great on-the-go option! Order your favorite subs off the menu - just unwrap the subs and dig in! Priced Same As Menu

#### Personal Boxed Lunches

Field trips, outdoor gatherings, school activities...take the ease out of choosing and personalize each box with your guests favorite sub & chips. Add a drink too!

MINI SUB  
W/ DRINK

REGULAR SUB  
W/ DRINK

### SIDES & SWEETS

#### Cookies & Brownies

Our cookies are fresh-baked daily right in the store.

Cal 180-570

DOZEN COOKIES  
DOZEN BROWNIES

#### Chips & Bottled Drinks

A variety of chips and drinks to choose from that will complement any sub.



\*Refer to individual subs for calorie information

# BOXED LUNCHES

## SUBMARINES

Fresh Sliced To Order!

### AMERICAN CLASSICS

- 3 Ham & Provolone** MINI  
REG  
GIANT  
A true classic  
Cal M470, R800, G1520
- 6 Roast Beef & Provolone** MINI  
REG  
GIANT  
All natural oven roasted  
top rounds!  
Cal M540, R880, G1710
- 7 Turkey & Provolone** MINI  
REG  
GIANT  
One of our most popular  
Cal M470, R800, G1520
- 10 Tuna Fish** MINI  
REG  
GIANT  
Freshly made on premises  
Cal M620, R1050, G2000
- 14 The Veggie** MINI  
REG  
GIANT  
Swiss, provolone &  
green bell peppers  
Cal M550, R930, G1850

### ITALIAN FAVORITES

- 2 Jersey Shore's Favorite** MINI  
REG  
GIANT  
Provolone, ham & cappucolo  
Cal M470, R810, G1520
- 5 The Super Sub** MINI  
REG  
GIANT  
Provolone, ham, prosciuttini  
& cappucolo  
Cal M500, R820, G1550
- 13 The Original Italian** MINI  
REG  
GIANT  
Provolone, ham, prosciuttini,  
cappucolo, salami & pepperoni  
Cal M560, R930, G1710

### CLUB SUBS

- 8 Club Sub** MINI  
REG  
GIANT  
Turkey, ham, provolone, applewood  
smoked bacon & mayo  
Cal M660, R1150, G2200
- 9 Club Supreme** MINI  
REG  
GIANT  
Roast beef, turkey, swiss, applewood  
smoked bacon & mayo  
Cal M660, R1160, G2210

### MEATLESS

- 64 Portabella Mushroom & Swiss** REG  
GIANT  
Fresh Grilled Portabella mushrooms,  
fresh green bell peppers, onions and  
our signature Swiss cheese.  
Cal R620, G1250
- Add Portabella Mushrooms to any hot sub** REG  
GIANT  
Cal R10, G20

## CHEESE STEAKS

Fresh Grilled To Order!

### CHICKEN CHEESE STEAKS

- 16 Mike's Chicken Philly** REG  
GIANT  
Grilled onions, peppers &  
white American cheese  
Cal R660, G1320
- 26 Chicken Bacon Ranch** REG  
GIANT  
Applewood smoked bacon, lettuce, tomato,  
white American cheese & ranch dressing  
Cal R880, G1750
- 42 Chipotle Chicken** REG  
GIANT  
Grilled onions, peppers, white  
American cheese & chipotle mayo  
Cal R930, G1870
- 44 Buffalo Chicken** REG  
GIANT  
Frank's Red Hot Sauce®, lettuce,  
tomato, white American cheese  
with blue cheese dressing  
Cal R900, G1800
- 55 Big Kahuna Chicken** REG  
GIANT  
Grilled onions, peppers,  
mushrooms, jalapeños and  
extra white American cheese  
Cal R720, G1430

### CHEESE STEAKS

- 17 Mike's Famous Philly** REG  
GIANT  
Grilled onions, peppers &  
white American cheese  
Cal R730, G1450
- 43 Chipotle** REG  
GIANT  
Grilled onions, peppers, white  
American cheese & chipotle mayo  
Cal R1000, G2000
- 56 The Big Kahuna** REG  
GIANT  
Grilled onions, peppers,  
mushrooms, jalapeños and  
extra white American cheese  
Cal R780, G1560

Cold Sides  
**COME**

**Mike's Way**

WITH ONIONS, LETTUCE, TOMATOES, SPICES AND  
*the Juice!* (red wine vinegar & olive oil blend)

### BREADS

White | Wheat | Rosemary Parm | Udi's Gluten Free  
Rosemary Parm adds M30, R41, G60 Cal  
Udi's Gluten Free adds R33, G50 Cal

GET ANY SUB AS A  
WRAP OR IN A BOWL!

Wrap adds 30 Cal  
Bowl subtracts 190 Cal

### CHIPS & DRINK

**Add Chips & Drink** W/2200 W/2200  
Fountain Drinks 2200 2200  
Bottled Drinks  
Bag Of Chips

### KIDS MEAL

Kids size sub, drink  
and a cookie  
\$10-190 Cal

Turkey & Cheese  
Ham & Cheese



## PASTA BAR 13.00 per person

Includes: Caesar Salad with Caesar Dressing, Garlic Breadsticks (1 per person), and choice of one Dessert

### CHOICE OF ONE PASTA      CHOICE OF ONE ENTREE

- Spaghetti with Marinara Sauce
- Fettuccine with Alfredo Sauce
- Spaghetti with Fresh Garlic & Olive Oil
- Beef Meatballs
- Grilled Chicken Strips

## TACO BAR 14.00 per person

Includes: Flour Tortillas (2 per person), Shredded Lettuce, Diced Tomatoes, Shredded Cheese, Salsa, Sour Cream, Spanish Rice, Refried Beans, and choice of one Dessert

### CHOICE OF ONE ENTREE

- Seasoned Ground Beef
- Seasoned Shredded Chicken



## PICNIC BUFFET 14.00 per person

Includes Buns, Condiment PCs, choice of one Dessert, and Accompaniments for your choice of entrée

### CHOICE OF ONE ENTREE      CHOICE OF ONE SIDE

- Grilled Hamburgers
- Grilled All Beef Hotdogs
- Grilled BBQ Glazed Chicken
- Veggie Burgers
- Pulled Pork
- Smoked Brisket (+3.00 per person)
- Classic Potato Salad
- Italian Pasta Salad
- Creamy Coleslaw
- Traditional Mac-N-Cheese
- BBQ Baked Beans

Price Range  
Per Person:  
13.00-16.00

# DROP OFF HOT OR COLD BUFFETS

## FAJITA FIESTA 16.00 per person

Includes: Flour Tortillas (2 per person), Shredded Cheese, Salsa, Sour Cream, Spanish Rice, Refried Beans, Sautéed Onions & Peppers, Guacamole, and choice of one Dessert

### CHOICE OF ONE ENTREE

- Fajita Steak Strips
- Seasoned Grilled Chicken Strips



## CLASSIC DELI BAR 14.00 per person

Includes: Assortment of Sliced Breads, Sandwich Accompaniments, Mayo & Mustard PCs, Potato Chips, Dill Pickle Spears, and choice of one Dessert

### CHOICE OF TWO PROTEINS CHOICE OF ONE SIDE

- Sliced Smoked Ham
- Sliced Roasted Turkey
- Sliced Salami
- Sliced Roast Beef
- Tuna Salad
- Fresh Garden Salad with Ranch Dressing
- Italian Pasta Salad
- Classic Potato Salad
- Quinoa & Tabbouleh Salad

## IT'S A WRAP BUFFET 14.00 per person

Includes: Potato Chips, choice of one Dessert, and

### CHOICE OF TWO WRAPS

- Chicken Caesar Wraps
- Turkey Bacon Ranch Wraps
- Roast Beef & Cheddar Wraps
- Grilled Vegetables with Hummus Wraps

### CHOICE OF ONE SIDE

- Classic Potato Salad
- Italian Pasta Salad
- Quinoa & Tabbouleh Salad



## DESSERT CHOICES

- Assorted Cookies
- Fudge Brownies
- Fresh Cut Fruit

# TIER 3

ALL BUFFETS INCLUDE WATER AND ICED TEA  
CONTACT US HERE TO ORDER:



## LITTLE ITALY BUFFET 19.00 per person

Includes: Caesar Salad with Caesar Dressing, Breadsticks (1 per person), and choice of one Dessert

### CHOICE OF ONE PASTA CHOICE OF ONE ENTREE

- Spaghetti with Marinara
- Fettuccine Alfredo
- Tortellini Primavera
- Chicken Picatta
- Chicken Marsala
- Chicken Parmesan
- Beef Lasagna
- Spinach Ricotta Lasagna Rolls

## PITMASTER'S DINNER 19.00 per person

Add a second meat +2.00 per person

Includes: Dill Pickles, Onions, BBQ Sauce, Hawaiian Rolls and choice of Banana Pudding, Peach Cobbler, or Apple Crisp

### CHOICE OF ONE ENTREE

- Pulled Pork
- Chicken
- Turkey
- Sausage
- Brisket +3.00 per person
- St. Louis Pork Ribs +3.00 per person

### CHOICE OF TWO SIDES

- BBQ Beans
- Potato Salad
- Coleslaw
- Cheesy Corn
- Baked Mac & Cheese
- Roasted Red Potatoes



## TACO TABLE 18.00 per person

Includes: Flour Tortillas (2 per person), Shredded Lettuce, Diced Tomatoes, Diced Onions, Shredded Cheese, Salsa, Sour Cream, Cilantro Lime Rice, Refried Beans, and choice of one Dessert

### CHOICE OF ONE PROTIEN

- Beef Barbacoa
- Tinga De Pollo

## HOMESTYLE DINNER 20.00 per person

Includes: Garden Salad with Ranch Dressing, Mashed Potatoes & Gravy, Buttered Green Beans, Rolls & Butter, and choice of one Dessert

### CHOICE OF ONE ENTREE

- Classic Meatloaf
- Chicken Tenders (2 per person)
- Beef Pot Roast

**Price Range**  
Per Person:  
**16.00-19.00**

# FULL SERVICE BUFFET ON CHINA

## FAJITA FRENZY 20.00 per person

Includes: Flour Tortillas (2 per person), Shredded Cheese, Salsa, Sour Cream, Guacamole, Cilantro Lime Rice, Stewed Black Beans, Onions & Peppers, & Choice of one dessert

### CHOICE OF ONE ENTREE

- Pollo Fajitas (Chicken)
- Carne Asada (Beef)



## SAVORY SOUPS & FRESH GREENS 17.00 per person

Includes: Leafy Greens, Romaine, Tomatoes, Cucumbers, Red Onion, Shredded Carrots, Parmesan Cheese, Feta Cheese, Diced Bell Peppers, Warm Rolls & Butter

### CHOICE OF ONE PROTEIN

- Diced Chicken
- Diced Ham
- Diced Hard Boiled Eggs

### CHOICE OF ONE SOUP

- Tomato Basil Bisque
- Loaded Baked Potato (contains pork)
- Chardonnay Cheddar Cheese Soup

## TASTE OF THE SOUTH

### 20.00 per person

#### INCLUDES:

- BBQ Pulled Pork with Slider Buns
- Creamy Coleslaw
- Chicken Tenders
- Cheddar Jalapeno Combread
- Mac-N-Cheese
- Choice of one Dessert
- BBQ Baked Beans



## ARTISAN SANDWICH BOARD 18.00 per person

Includes: Potato Chips and Choice of one Dessert

### CHOICE OF SALAD

- Garden Salad with Ranch Dressing
- Classic Potato Salad
- Italian Pasta Salad
- Quinoa & Tabbouleh

### CHOICE OF TWO SANDWICHES

- Vegetable Muffuletta
- Roasted Turkey
- Classic Italian
- Roast Beef & Cheddar

## DESSERT OPTIONS:

- Chocolate Cake
- Strawberry Shortcake
- Carrot Cake
- Fresh Cut Fruit
- Cheesecake



**ALL PRICING LISTED IS PER PERSON. PLEASE  
CHOOSE ONE OPTION FROM EACH CATEGORY:**

## **PLATED SERVED SALAD OPTIONS**

Mixed greens salad with romaine, red onions, tomatoes, croutons, and creamy ranch dressing **4.29**

Classic Caesar salad with romaine, Parmesan croutons, and Caesar dressing **4.39**

Spinach and strawberry salad with toasted almonds, aged gorgonzola, and raspberry vinaigrette **4.39**

Classic Cobb Salad with chopped iceberg and romaine, topped with bacon, hard-boiled eggs, avocado, tomatoes, and blue cheese with red wine vinaigrette. **5.99**

Arugula Salad with goat cheese, candied pecans, dried cranberries, red onion, and maple vinaigrette **5.99**



Price Range  
Per Person:  
22.17-34.57

# FULL SERVICE SERVED MEAL



## PLATED SERVED ENTREE OPTIONS

- |   |       |
|---|-------|
| Chicken Parmesan with fed sauce spaghetti, roasted zucchini with garlic, tomato and basil               | 17.00 |
| Chicken and Mushroom Dijonnaise with roasted garlic whipped potatoes and haricots verts                 | 18.00 |
| Smoked Bone-in Pork Chop with sweet potato puree, roasted broccoli, and BBQ demi glace                  | 21.00 |
| Slow Roasted Salmon with duck fat finerling potatoes, sauteed mixed vegetables, and citrus beurre blanc | 22.00 |
| White Wine Butter Poached Cod with rice pilaf, mixed vegetables, and citrus beurre blanc                | 22.00 |
| Trio of Beef Medallions with truffled whipped potatoes, roasted asparagus, and red wine demi glace      | 26.00 |
| Red Wine Braised Boneless Short Rib with horseradish whipped potatoes, and glazed tri color carrots     | 27.00 |



## PLATED SERVED DESSERT OPTIONS

- |  |      |
|--|------|
| Crème Brule cheesecake with salted caramel | 6.00 |
| New York Cheesecake with berry compote     | 6.00 |
| Chocolate Layer Cake                       | 6.00 |
| Strawberry Shortcake                       | 6.00 |
| Chocolate mousse with seasonal berries     | 4.00 |
| Belgian Chocolate Petite Gateau            | 7.00 |
| Chocolate Hazelnut Petite Gateau           | 7.00 |





## 1 DOZEN EMPANADAS 40.00

Will include avocado salsa verde

Please select 1 option

- Beef Empanadas
- Chicken Empanadas



## 1 DOZEN PINWHEELS 18.00

Please select 1 option

- Jalapeno Popper Pinwheels
- Turkey Cheddar Ranch Pinwheels
- Buffalo Chicken Pinwheels
- Rainbow Veggies Pinwheels

## 1 DOZEN VEGETABLE SPRING ROLLS 38.00

Will include sweet chili dipping sauce



## 1 DOZEN CRAB RANGOON 38.00

Will include sweet and sour dipping sauce



## BUFFALO CHICKEN DIP 28.00

Served with Tortilla Chips

Feeds 12 People

## SPINACH & ARTICHOKE DIP 32.00

Served with fried Pita chips

Feeds 12 People

# SMALL BITES



**1 DOZEN MINI FRUIT SKEWERS** 28.00

Served with Yogurt Fruit Dip

**1 DOZEN CHARCUTERIE CUPS** 42.00

Assorted cheese, meat, and crackers

**1 DOZEN PACKS OF CHEX MIX** 24.00

**CAPRESE SKEWERS** 36.00

Tomatoes, Mozzarella, Basil,  
and Balsamic Glaze



**BRUSCHETTA** 28.00

Tomato basil mixture on toasted breads



**DOZEN BROWNIES & COOKIES** 30.00

1 dozen fudge brownies &  
1 dozen chocolate chip cookies

**ASSORTED CHEESECAKE BARS** 40.00

1 dozen assorted flavors: cookies & cream,  
lemon blueberry, and pecan caramel



## PACKAGE OPTIONS



### HEALTHY SNACK PACKAGE 30.00

1 Dozen Hummus & Veggie Cups &  
12 Ice Cold Bottled Water

### WAKE-UP PACKAGE 35.00

1 Dozen Assorted Donuts &  
1 Gallon of Coffee

### FALL STAY WARM PACKAGE 25.00

Please select 1 option:

- 1 Dozen Snickerdoodle Cookies, & 1 Gallon of Hot Apple Cider
- 1 Dozen Chocolate Chip Cookies, & 1 Gallon of Hot Chocolate with Marshmallows



### ST. PATS PACKAGE 25.00

1 Dozen Lucky Charms Treat Bars  
& 1 Gallon of Green Punch



### CLASSIC PACKAGE 35.00

1 Dozen Packs of House Made Chex Mix, 1 Dozen Brownie Bites, & 12 Bottled Water

### BIRTHDAY PACKAGE 40.00

1 Dozen Cupcakes, Birthday Card, & 1 Gallon of Party Punch

## LETS GO TO LUNCH PACKAGE

price varies upon voucher selection,  
no minimum order restriction

- Lunch Vouchers for you and your team to be used at any campus dining location
  - Choose from: \$10, \$15, or Unlimited Amounts
- Will include House Made Chex Mix with a thank you note inviting them to lunch





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# POLICIES

Please note that this menu is only available for purchase if you are Missouri S&T Faculty, Staff, or Student organization, all other orders can be placed through [mst.catertrax.edu](http://mst.catertrax.edu). All orders must be placed 5 business days in advance. If orders for groups larger than 100 are placed, you will receive a 10% discount. To finalize your order, you will submit your MoCode or Credit Card for payment.

Please let us know if any of your guests have food allergies and/or dietary restrictions; we are happy to make a separate dish to accommodate.

Please see our policies for each Tier listed below:

- Tier 1:
  - Minimum order required for 5 guests
  - Orders can be picked up from the Havener Center or delivered anywhere on campus at no extra charge
  - All disposables included in your order
- Tier 2:
  - Minimum order required for 15 guests
  - All orders will be delivered on campus at no extra charge
  - All food will be in foil pans, with disposable serving utensils, plates, silverware, and napkins
  - Please note these options do not include chafing dishes
- Tier 3:
  - Minimum order required for 15 guests
  - All full service orders include china dishes and catering staff that will stay during the event to refill chafers, pick up dirty china, and clean up the food portion of the event
- Tier 4:
  - Minimum order required for 15 guests
  - All full service orders include china dishes and catering staff that will serve each course and collect all dirty china
  - Black or white table linens are included in the pricing for these menus
- Office Celebrations and Small Bites:
  - Minimum order of 1 dozen
  - Orders can be picked up from the Havener Center or delivered anywhere on campus at no extra charge
  - All disposables included in your order

Sanitation and safety are of utmost importance. For all drop off and pick up orders, please consume all hot and cold foods within a four-hour window.

All orders must be placed with in 3 business days prior.

Any cancellations will incur the following charges...

- 2 business days prior will be a charge of 50% of the total invoice
- 1 business day prior will be a charge of 75% of the total invoice
- The day of will be a charge of 100% of the total invoice

## How to Order:

**Call:** 573-341-7019

**Email:** [cater@mst.edu](mailto:cater@mst.edu)

**For Pick Up or Drop Off Only**



Catering Services

THANK YOU